

## Halverson, Beth

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**From:** slkennedy1@comcast.net  
**Sent:** Friday, November 10, 2017 8:39 AM  
**To:** Office State Actuary, WA  
**Subject:** Plan 1 Teacher's Retirement

I am a Plan 1 retired teacher. I served the students of WA for 31 years. I have not seen an increase in my retirement check for over 7 years! It has been an increasing burden for my family and me. Each year, with inflation, I have had to cut out one thing after another, making my life more and more challenging. It comes down to choices, such as food or medicine? It is just not right! There is a limit to asking responsible, contributing educators to keep sacrificing. We need a COLA! It is way past time. Sincerely, Sandra Kennedy, retired Edmonds District teacher.