

From: [Phyllis Farrell](#)
To: [Office State Actuary, WA](#)
Subject: Plan 1 COLA
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Plan 1 members need a COLA. I retired in 2011. Since that time my fixed expenses (medical premiums, insurance, utilities, property taxes etc)... not including variable expenses (gas, groceries, co-pays etc) ..have gone up 34% reducing my disposable income and threatening my future financial security. All the other state plans have a COLA, so it is an issue of equity.

Please recommend a Plan 1 COLA. I served as a public school teacher for 35 years and am very worried about how inflation is impacting my financial future as I am getting older and have increasing medical costs.

Thank you for your service.

Respectfully,

Phyllis Farrell

Sent from my iPhone

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