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**From:** Lawrence <lawlore@aol.com>  
**Sent:** Friday, November 5, 2021 9:26 PM  
**To:** Office State Actuary, WA  
**Subject:** Please Restore PERS 1 Cola

**CAUTION:**External email.

Hi,

I'm a PERS1 retiree who retired in 2010. I greatly appreciate my pension. But its value has greatly decreased due to inflation.

My costs have gone up by at least 30%. I have Parkinson's, Asthma, chronic Bronchitis, and a number of other minor illnesses. Also I have dental and vision expenses.

Please consider restoring the PERS 1 annual COLA. If you are looking for new people for the Board I would consider volunteering. I also know a very capable person with ADA disabilities who works for Retirement Systems who would also like to serve.

He's great with statistics and numbers.

Sincerely,  
Lawrence M. Jacobson

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