
From: Roger Cockerline <rocher@bmi.net>
Sent: Tuesday, May 10, 2022 8:54 PM
To: Office State Actuary, WA
Subject: FW: Select Committee on Pension Policy

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Please support a TRS 1 COLA for the 2023 legislative session. I retired in 1998 after a 30 year teaching career. In 2000 the net amount I received per month was \$1786.56. The UMP medical insurance premium for my husband and me, with neither of us on Medicare, which was deducted from my gross benefit each month, was \$386.16. Since 1998 I have received two COLA's. The current net amount I am receiving in 2022 is \$1635.63. The UMP medical insurance premium for my husband and me, with both of us on Medicare, which is deducted from my gross benefit each month, is currently \$724.74. I am now receiving \$150. less per month than I did 22 years ago, and the monthly medical insurance premium, with Medicare, is \$338. more than it was in 2000. A COLA for 2023 that would help TRS 1 retirees like me from falling even further behind would certainly be appreciated.

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