

From: [Karen](#)
To: [Office State Actuary, WA](#)
Cc: kacstarr@comcast.net
Subject: Teacher Retirement Plan 1
Date: Saturday, September 17, 2022 10:47:19 AM

CAUTION: External email.

Dear SCPP Members,

I am Karen Coulson and am a TRS 1 retiree. I began teaching in 1969, and retired in 2005, which was 36 years of dedication to third graders in the North Thurston Public School. Now I am going into my 18th year of retirement. TRS 1 has received three small COLAs over these 17 years, bringing my gross pay up about \$180 a month...not take home, but gross.

I am also now a widow which has impacted my "fixed income" status. I went to the grocery store this week to purchase my "widow's groceries" which usually would cost me about \$50. This week I paid \$72...no frills in those groceries.

I am asking you in almost "begging" terms to recommend a Plan 1 COLA to the 2023 Legislature. This is a tough time, and I am counting on you to help me.

Thank you.

Karen Coulson
7243 Husky Way SE
Olympia, WA 98503

CAUTION: This email originated from outside of the Legislature. Do not click links or open attachments unless you recognize the sender and know the content is safe.