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**From:** Robert Gose <bgose@hotmail.com>  
**Sent:** Monday, October 17, 2022 10:49 AM  
**To:** Office State Actuary, WA  
**Subject:** Plan 1 COLA

CAUTION:External email.

Recent inflation figures, as well the dire financial needs of most Plan 1 Retirees makes it more important than ever for continued COLA adjustments. The pool of Plan 1 retirees diminishes every day. The financial needs of those surviving increases daily.

Respectfully,

Bob Gose

Sent from my iPhone

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