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**From:** Les Stock <butch8551@gmail.com>  
**Sent:** Monday, May 9, 2022 6:46 PM  
**To:** Office State Actuary, WA  
**Subject:** Plan1 Cola Needed

**CAUTION:**External email.

SCPC Members

With the high cost of basically everything and the costs continuing to increase there is an even larger need for a permanent cola for TRS1 retirees.

My insurance policies, food, services and gas have all been eating into my pension and any help you can give by recommending a permanent cola increase for TRS 1's would be greatly appreciated.

Thank you for your help.

Leslie Stockton

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