

## Russell, Lindsey

---

**From:** Sharon Straub <sharonstraub1@gmail.com>  
**Sent:** Saturday, September 30, 2023 10:54 AM  
**To:** Office State Actuary, WA  
**Subject:** COLA for Plan 1 TRS

**CAUTION:**External email.

I have been retired since 2000, and I would appreciate having the state adopt a COLA for Plan 1. My spending power has decreased significantly since my retirement, which not only impacts my lifestyle but also the state economy. In order to meet my fiscal obligations, I have been working since my retirement to make up for the inflation that has occurred along with the rising costs of medical and insurance needs.

I have colleagues who are in a much more dire situation due to health issues, who have not been able to add to their income.

It is time to recognize the contribution that we made as teachers in our 30 years of working with young people.

I urge you to move forward to recommend that the legislature pass a bill incorporating a Plan 1 TRS COLA into law.

Thank you for your anticipated action.

Sharon Straub  
[sharonstraub1@gmail.com](mailto:sharonstraub1@gmail.com)

**CAUTION:** This email originated from outside of the Legislature. Do not click links or open attachments unless you recognize the sender and know the content is safe.