

**From:** [James Thomas](#)  
**To:** [Office State Actuary, WA](#)  
**Cc:** [MacEwen, Sen. Drew](#); [Daniel.Griffey@leg.wa](mailto:Daniel.Griffey@leg.wa); [Travis.Couture@leg.wa](mailto:Travis.Couture@leg.wa)  
**Subject:** Support for a 2024 TRS/PERS Plan 1 COLA and An Annual Permanent COLA  
**Date:** Monday, November 6, 2023 5:05:09 PM

---

**CAUTION:** External email.

To the Select Committee on Pension Policy:

Please support a Plan 1 COLA for 2024 and an annual, permanent COLA. My husband and I are both TRS/PERS 1 retirees.

Due to the loss of purchasing power, the income of many TRS/PERS 1 retirees is no longer enough to meet basic needs.

We are too old to return to work, as we are in our mid and late 70's.

Retirees are in this predicament because previous COLAs were removed.

We also ask that you raise the COLA cap. The past few increases have been limited to \$62.50 per month and \$110 per month.

Because this number is tied to senior property tax levels, and those have also increased due to inflation, we believe a COLA cap of \$125 per month is appropriate.

Thank you for your work and service. Please support our request.

Jim and Jerri Thomas  
5049 Laura Ct SE  
Olympia, WA 98501

[jltandjmthomas@comcast.net](mailto:jltandjmthomas@comcast.net)

**CAUTION:** This email originated from outside of the Legislature. Do not click links or open attachments unless you recognize the sender and know the content is safe.